

## “Jesus Scourged at the Column”...

### FROM THE GOSPEL ACCORDING TO – *MATTHEW* – :

*“While [Pilate] was still seated on the bench, his wife sent him a message, ‘Have nothing to do with that righteous man. I suffered much in a dream today because of him.’” (Matt 27:19)<sup>1</sup>*

### MEDITATION ON THE MYSTERY:

Like the wife of Pontius Pilate, who recognized [Jesus] as a “righteous man” through a vision in a dream, we can recognize and appreciate our own spiritual guide ever more fully if we pay careful attention to such spiritual messages! (cf. *SLC*, p. 290A)

### FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to recognizing and appreciating the right spiritual guide, St. Francis de Sales says, “*pray very earnestly to God to give you [a spiritual guide] after his own heart, and...once you find him...do not put your trust in him or in his human knowledge but in God. God will...speak to you through this man, putting in his heart and in his mouth whatever is needed for your happiness.*”

(FRANCIS DE SALES, *Introduction to the Devout Life*, I, 4, translated and edited by Antony Mookenthottam et al., Second Revised Edition, S.F.S. Publications, Bangalore 1995, online edition)

<sup>1</sup> NABRE (USCCB)

### FREE AND PERSONAL MEDITATION

( for a personal contribution to give to those who listen ) :

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”